

# EMPOWERING PEACE

## Inspirational Quotes, and Proverbs

### *For the Month of September 2019*

September 01-2019

*“When people make themselves a god they are never content rather they dictate that others change to satisfy their narcissistic idol of self-esteem! “*

Isaiah 57:20 But the wicked are like the troubled sea; for it can't rest, and its waters cast up mire and dirt.

1.

Isaiah 26:10 Let favor be shown to the wicked, yet he will not learn righteousness. In the land of uprightness he will deal wrongfully, and will not see Yahweh's majesty.

Proverbs 29:16 When the wicked increase, sin increases; but the righteous will see their downfall.

2 Peter 3:17 You therefore, beloved, knowing these things beforehand, beware, lest being carried away with the error of the wicked, you fall from your own steadfastness.

Matthew 13:49 So will it be in the end of the world. The angels will come forth, and separate the wicked from among the righteous,

**Facts: Regardless of how you answer this question, the point is to reveal the fallacy of self-esteem. This is the exact question that we ask ourselves when we evaluate and determine our self-worth, and believing we can measure our self-worth is a lie. “Am I good compared to that other person?” “Am I good at what I do for a living?” “Am I as attractive as them?” “Am I as successful as they are?” “Am I good enough for this or that?” The fallacy with these questions is that we don’t need to be “good” at something, or “liked” by others in order to be a good and worthy person. These are expectations that we place upon ourselves which leave us with deflated self-esteem. (by Joseph Wilner life coach)**

September 02, 2019

***“Right is right, and wrong is wrong, we do what is right not because of self-esteem, diversity, or our skin color, we do what is right because it is right and that is why we love God because he always does what is right!”***

2.

James.1:27 Pure religion and undefiled before our God and Father is this: to visit the fatherless and widows in their affliction, and to keep oneself unstained by the world.

Psalms 138:6 For though Yahweh is high, yet he looks after the lowly; but the proud, he knows from afar.

Proverbs 30:9 lest I be full, deny you, and say, 'Who is Yahweh?' or lest I be poor, and steal, and so dishonor the name of my God.

Ephesians 4:28 Let him who stole steal no more; but rather let him labor, working with his hands the thing that is good, that he may have something to give to him who has need.

Exodus 23:6 "You shall not deny justice to your poor people in their lawsuits.

Malachi 3:5 I will come near to you to judgment; and I will be a swift witness against the sorcerers, and against the adulterers, and against the perjurers, and against those who oppress the hireling in his wages, the widow, and the fatherless, and who deprive the foreigner of justice, and don't fear me," says Yahweh of Armies.

**Facts: Generally speaking as “the abuse of entrusted power for private gain”. Corruption can be classified as grand, petty and political, depending on the amounts of money lost and the sector where it occurs.**

**Grand corruption consists of acts committed at a high level of government that distort policies or the central functioning of the state, enabling leaders to benefit at the expense of the public good. Petty corruption refers to everyday abuse of entrusted power by low- and mid-level public officials in their interactions**

3.

with ordinary citizens, who often are trying to access basic goods or services in places like hospitals, schools, police departments and other agencies.

Political corruption is a manipulation of policies, institutions and rules of procedure in the allocation of resources and financing by political decision makers, who abuse their position to sustain their power, status and wealth.

September 03, 2019

***“What is life but an illusion until one of the greatest among us perish then we are faced with reality that all is vanity, unless we have Christ as our reality; the eternal!*”**

John 6:27 Don't work for the food which perishes, but for the food which remains to eternal life, which the Son of Man will give to you. For God the Father has sealed him."

John 6:40 This is the will of the one who sent me, that everyone who sees the Son, and believes in him, should have eternal life; and I will raise him up at the last day."

John 6:47 Most certainly, I tell you, he who believes in me has eternal life.

John 10:28 I give eternal life to them. They will never perish, and no one will snatch them out of my hand.

John 12:25 He who loves his life will lose it. He who hates his life in this world will keep it to eternal life.

Isa.40:21 Haven't you known? Haven't you heard, yet? Haven't you been told from the beginning? Haven't you understood from the foundations of the earth?

4.

40:22 It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them out like a tent to dwell in; 40:23 who brings princes to nothing; who makes the judges of the earth like meaningless. 40:24 They are planted scarcely. They are sown scarcely. Their stock has scarcely taken root in the ground. He merely blows on them, and they wither, and the whirlwind takes them away as stubble. 40:25 "To whom then will you liken me? Who is my equal?" says the Holy One.

**Facts:**

- 151,600 people die each day
- 6,316 people die each hour
- 105 people die each minute
- Nearly two people die each second
- 55.3 million people die each year

So yeah, pretty depressing really.  
( Facts by George Hill)

September 04, 2019

**“Everything in its rightful place is a beauty, honor, and glory, to God's beneficent creation. Those things not found in their rightful place are distorted, and corrupts the love of God found in us and in his creation.”**

1 Corinthians 11:3 But I would have you know that the head of every man is Christ, and the head of the woman is the man, and the head of Christ is God.

Romans 1:20 For the invisible things of him since the creation of the world are clearly seen, being perceived through the things that are made, even his everlasting power and divinity; that they may be without excuse.

5.

Revelation 3:14 "To the angel of the assembly in Laodicea write: "The Amen, the Faithful and True Witness, the Head of God's creation, says these things:

Jude.1:6 Angels who didn't keep their first domain, but deserted their own dwelling place, he has kept in everlasting bonds under darkness for the judgment of the great day. Jude. 1:7 Even as Sodom and Gomorrah, and the cities around them, having, in the same way as these, given themselves over to sexual immorality and gone after strange flesh, are set forth as an example, suffering the punishment of eternal fire. 1:8 Yet in like manner these also in their dreaming defile the flesh, despise authority, and slander celestial beings. 1:9 But Michael, the archangel, when contending with the devil and arguing about the body of Moses, dared not bring against him an abusive condemnation, but said, "May the Lord rebuke you!"

1:10 But these speak evil of whatever things they don't know. What they understand naturally, like the creatures without reason, they are destroyed in these things.

**Facts: Experts on pathological narcissism routinely speak of self-absorption as perhaps the most “identifying” trait of this personality disorder. And their descriptions of such an intense self-focus are anything but flattering. The self-absorption of narcissists betrays their grandiosity, sense of entitlement, lack of empathy, and exploitative relationships. Borderline personalities are also characterized as self-absorbed—so self-absorbed that these individuals frequently can’t discern what’s going on around them, not only interpreting what others say and do but regularly arriving at false conclusions as to how others regard them. (Psychology Today)**

September 05, 2019

***“Christian's do not exploit weakness in others to gain a disciples or control their friendship with us. We measure out honor to all peoples, we give them their rights because we honor their life as precious and from God unlike the world who takes rights and demeans human dignity.”***

Titus.3:1 Remind them to be in subjection to rulers and to authorities, to be obedient, to be ready for every good work,

3:2 to speak evil of no one, not to be contentious, to be gentle, showing all humility toward all men. 3:3 For we were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful, and hating one another. 3:4 But when the kindness of God our Savior and his love toward mankind appeared, 3:5 not by works of righteousness, which we did ourselves, but according to his mercy, he saved us, through the washing of regeneration and renewing by the Holy Spirit.

1 Thessalonians 4:11 and that you make it your ambition to lead a quiet life, and to do your own business, and to work with your own hands, even as we instructed you;

James.1:27 Pure religion and undefiled before our God and Father is this: to visit the fatherless and widows in their affliction, and to keep oneself unstained by the world.

Proverbs 21:19 It is better to dwell in a desert land, than with a contentious and fretful woman.

Proverbs 26:21 As coals are to hot embers, and wood to fire, so is a contentious man to kindling strife.

**Facts: Texting differs from a face to face and phone conversation because there is no clear start and end. Think about it, you never really say “Bye” over text. Also, some individuals feel like they**

have to be constantly texting their significant other throughout the day, or something is wrong. It's not healthy to be in constant communication with your partner all day long. You both need some time not to be thinking about the other, so let the texting end sometimes. Tell your significant other that you'll call them later, or something like that so the conversation can end. If for whatever reason your partner can't adjust to texting less, this is a bad sign. "If he/she can't adhere to the rules, then you should see that as a red flag," says Katehakis. Simpson agrees, "If you set your boundaries, and they are not being respected, that's a warning sign." (by MHVF)

September 06, 2019

*"There is not a Christian on earth that could be a Christian if they had to pay for the sins of their parents, and their parents, parents, before God accepted them as a Christian's."*

Ezekiel.18:4 Behold, all souls are mine; as the soul of the father, so also the soul of the son is mine: the soul who sins, he shall die.

Ezekiel.18:20 The soul who sins, he shall die: the son shall not bear the iniquity of the father, neither shall the father bear the iniquity of the son; the righteousness of the righteous shall be on him, and the wickedness of the wicked shall be on him.

James.3:14 But if you have bitter jealousy and selfish ambition in your heart, don't boast and don't lie against the truth. 3:15 This wisdom is not that which comes down from above, but is earthly, sensual, and demonic. 3:16 For where jealousy and selfish ambition are, there is confusion and every evil deed.

3:17 But the wisdom that is from above is first pure, then peaceful, gentle, reasonable, full of mercy and good fruits, without partiality, and without hypocrisy.

8.



3:18 Now the fruit of righteousness is sown in peace by those who make peace.

Rom.3:23 for all have sinned, and fall short of the glory of God;  
3:24 being justified freely by his grace through the redemption that is in Christ Jesus;

Matt.18:21 Then Peter came and said to him, "Lord, how often shall my brother sin against me, and I forgive him? Until seven times?"

18:22 Jesus said to him, "I don't tell you until seven times, but, until seventy times seven.

**Facts: According to researchers, those high in neuroticism are also likely to seek revenge. At a glance, that seems counterintuitive because revenge is an aggressive act and these people worry and ruminate much of the time, are prone to self-criticism, and have trouble setting goals and achieving them. But their vengefulness is a product of their inability to manage negative emotions, particularly anger. A longitudinal study by John Malt by and others showed that individuals high in neuroticism and who experienced continued anger and hostility were still inclined to seek revenge two-and-a-half years after the original transgression! So, if you're dealing with someone who has trouble managing anger, watch out!**

September 07, 2019

***“The only lies that matters are the ones in our hearts although we can convince others they don't matter we are still living a lie!”***

John 8:44 You are of your father, the devil, and you want to do the desires of your father. He was a murderer from the beginning, and doesn't stand in the truth, because there is no truth in him. -

- When he speaks a lie, he speaks on his own; for he is a liar, and its father.

Colossians 3:9 Don't lie to one another, seeing that you have put off the old man with his doings.

James 3:14 But if you have bitter jealousy and selfish ambition in your heart, don't boast and don't lie against the truth.

1 John 2:21 I have not written to you because you don't know the truth, but because you know it, and because no lie is of the truth.

Revelation 21:27 There will in no way enter into it anything profane, or one who causes an abomination or a lie, but only those who are written in the Lamb's book of life.

Matt. 7:3 Why do you see the speck that is in your brother's eye, but don't consider the beam that is in your own eye?

**Facts: Grandiose lies typify the narcissist, whose deep need to win the constant approval of others impels him to present himself in the most favorable light. They are prone to exaggerate their abilities or accomplishments in order to seem more impressive. Because narcissists feel entitled to special treatment - for instance, believing that ordinary rules do not apply to them - they can be reckless in their lies. (By Dr. King)**

September 08, 2019

***“Our lives are scarcely planted on this earth no matter what we say we quickly pass away! The only comfort we have is in the eternal who never lies or tells us untruths if we believe in him we have eternal life!”***

Isa.40:23 who brings princes to nothing; who makes the judges of the earth like meaningless. 40:24 They are planted scarcely. They are sown scarcely. Their stock has scarcely taken root in the ground. He merely blows on them, and they wither, and the whirlwind takes them away as stubble.

Ps.90:10 The days of our years are seventy, or even by reason of strength eighty years; yet their pride is but labor and sorrow, for it passes quickly, and we fly away.

John 11:25 Jesus said to her, "I am the resurrection and the life. He who believes in me will still live, even if he dies.

John 6:63 It is the spirit who gives life. The flesh profits nothing. The words that I speak to you are spirit, and are life.

John 6:47 Most certainly, I tell you, he who believes in me has eternal life.

**Facts: Half of all Americans have never read the Bible. 51% of Americans say the Bible was written for each person to interpret as he or she chooses. 44% of U.S. adults say that God plays no role whatsoever in their life.**

September 09, 2019

***“For every work of our mouths has a reward or curse with it, there is no harmless thought or word that does not grow or kill a relationship with someone!”***

Ecclesiastes 6:7 All the labor of man is for his mouth, and yet the appetite is not filled.

Ecclesiastes 5:2 Don't be rash with your mouth, and don't let your heart be hasty to utter anything before God; for God is in heaven, and you on earth. Therefore let your words be few.

Proverbs 26:28 A lying tongue hates those it hurts; and a flattering mouth works ruin.

Proverbs 21:23 Whoever guards his mouth and his tongue keeps his soul from troubles.

Proverbs 15:28 The heart of the righteous weighs answers, but the mouth of the wicked gushes out evil.

**Facts:** According to a 2013 study in the *Couple & Relationship Therapy* journal, women who texted their partners a lot considered their relationships very stable, however, the men who received all those texts weren't as jazzed about them.

**“We thought, ‘That’s weird!’ More texting was related to lower relationship stability,” Utah-based couples therapist, Dr Lori Schade, who authored the study, says.**

**“It’s an indicator of relationship distress. [In fact], men were thinking about breaking up.”**

**That’s because, men’s and women’s texting styles, much like our verbal communication styles, tend to be fundamentally different. We often text to share emotions and solve problems, while men often use texting simply to relay information. They don’t necessarily view it as the bonding opportunity we do, which can cause serious issues in the early phase of a relationship.**

**“If men sense emotional desperation, they’ll withdraw. They might even turn the phone off,” Schade says.**

September 10, 2019

***“Envy is a poisonous seed that grows into discontentment, unthankfulness, and disrespect in dishonoring others by bitter mocking words.”***

Proverbs 14:30 The life of the body is a heart at peace, but envy rots the bones.

1 Corinthians 13:4 Love is patient and is kind; love doesn't envy. Love doesn't brag, is not proud.

1 Timothy 6:4 he is conceited, knowing nothing, but obsessed with arguments, disputes, and word battles, from which come envy, strife, reviling, evil suspicions.

Titus 3:3 For we were also once foolish, disobedient, deceived, serving various lusts and pleasures, living in malice and envy, hateful, and hating one another.

Hebrews 12:7 It is for discipline that you endure. God deals with you as with children, for what son is there whom his father doesn't discipline?

**Facts: In contrast, dignity with pride, dignity can live inside us regardless of our successes and failures. We don't have to prove anything to anybody, or even to ourselves. If an enterprise fails, this doesn't mean that we're a failure. If an attempt to communicate our feelings to our partner falls flat, we might feel sad, but we can feel good knowing we did our best. We can experience the dignity of having reached out to connect or to repair an injury to the relationship. We can experience the dignity of living with integrity, regardless of the outcome.**

September 11, 2019

***“The constant state of discontentment is a state of victim-hood that will not be solved by destroying history, or diversity, nor by demanding others change, it is fixed by personal responsibility!”***

2 Corinthians 13:5 Test your own selves, whether you are in the faith. Test your own selves. Or don't you know as to your own selves, that Jesus Christ is in you?--unless indeed you are disqualified.

Galatians 6:4 But let each man test his own work, and then he will take pride in himself and not in his neighbor.

1 Peter 4:12 Beloved, don't be astonished at the fiery trial which has come upon you, to test you, as though a strange thing happened to you.

2 Corinthians 5:10 For we must all be revealed before the judgment seat of Christ; that each one may receive the things in the body, according to what he has done, whether good or bad.

2 Peter 2:9 the Lord knows how to deliver the godly out of temptation and to keep the unrighteous under punishment for the day of judgment;

**Facts: Projection requires the denial of specific aspects of social reality, usually playing out the dynamic: "Whose fault is this? Not mine." There is a basic swap between what is about oneself, and what is about others, and this aspect of social decision-making is off. We treat the other person consistently with how we feel about that quality in ourselves. We are unaware of and/or avoiding something true about ourselves.**

September 12, 2019

14.

***“Propaganda is not truth, it not Christ, and it certainly isn't about loving our neighbor as ourselves!”***

1 John 4:5 They are of the world. Therefore they speak of the world, and the world hears them.

1 Peter 2:12 having good behavior among the nations, so in that of which they speak against you as evildoers, they may by your good works, which they see, glorify God in the day of visitation.

James 1:19 So, then, my beloved brothers, let every man be swift to hear, slow to speak, and slow to anger;

1 Timothy 4:2 through the hypocrisy of men who speak lies, branded in their own conscience as with a hot iron;

Titus 3:2 to speak evil of no one, not to be contentious, to be gentle, showing all humility toward all men.

Ephesians 4:25 Therefore, putting away falsehood, speak truth each one with his neighbor. For we are members of one another.

Ephesians 5:12 For the things which are done by them in secret, it is a shame even to speak of.

**Facts: Propaganda 1. information, especially of a biased or misleading nature, used to promote or publicize a particular political cause or point of view.**

**"he was charged with distributing enemy propaganda"**

**2. a committee of cardinals of the Roman Catholic Church responsible for foreign missions, founded in 1622 by Pope Gregory XV.[/b]**

15.

September 13, 2019

***“Love is the key to good spiritual health, too sound mental health because it does not harm our neighbor, when we think of them first we heal in God's love.”***

Proverbs 8:17 I love those who love me. Those who seek me diligently will find me.

Proverbs 10:12 Hatred stirs up strife, but love covers all wrongs.

2 Timothy 1:13 Hold the pattern of sound words which you have heard from me, in faith and love which is in Christ Jesus.

1 Timothy 1:5 but the goal of this command is love, out of a pure heart and a good conscience and unfeigned faith;

2 Thessalonians 3:5 May the Lord direct your hearts into the love of God, and into the patience of Christ.

1 Thessalonians 3:12 and the Lord make you to increase and abound in love one toward another, and toward all men, even as we also do toward you,

1 Thessalonians 4:9 But concerning brotherly love, you have no need that one write to you. For you yourselves are taught by God to love one another.

**Facts: Love is as critical for your mind and body as oxygen. It's not negotiable. The more connected you are, the healthier you will be both physically and emotionally. The less connected you are, the more you are at risk.**



**It is also true that the less love you have, the more depression you are likely to experience in your life. Love is probably the best antidepressant there is because one of the most common sources of depression is feeling unloved. Most depressed people don't love themselves and they do not feel loved by others. They also are very self-focused, making them less attractive to others and depriving them of opportunities to learn the skills of love. [/b]**

September 14, 2019

**“If our lives are controlled by God's grace and we live in it, we have peace for we are walking then in Spirit, and in Spirit there is no contention of the flesh. Peace is the true mark of the Spirit!”**

1 Corinthians 14:33 for God is not a God of confusion, but of peace. As in all the assemblies of the saints.

James 3:16 For where jealousy and selfish ambition are, there is confusion and every evil deed.

John 1:14 The Word became flesh, and lived among us. We saw his glory, such glory as of the one and only Son of the Father, full of grace and truth.

Romans 5:2 through whom we also have our access by faith into this grace in which we stand. We rejoice in hope of the glory of God.

2 John 1:3 Grace, mercy, and peace will be with us, from God the Father, and from the Lord Jesus Christ, the Son of the Father, in truth and love.

2 Peter 3:18 But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and forever. Amen.

17.

**Facts: Good Mental Health. Take a minute and reread that definition. Really let it sink in and understand this statement. See if you can create a picture in your mind. Do you see yourself laughing, smiling, hugging and enjoying the company of those you love and like? Can you see yourself offering help, comfort and support to those you live and work with? Do you accept that others are different from you and let them be different without trying to change them? During those times when you are faced with difficulty do you know what to do about your life situation that doesn't include changing another person? In order to move in the mental health direction described above it helps to start with an idea, a picture an image or images where you can see and imagine this. (By Nancy S. Buck Ph.D)**

September 15, 2019

***“Complaining is a symptom of trying to change others; peace comes when we change ourselves.”***

James.1:20 for the anger of man doesn't produce the righteousness of God.

1:21 Therefore, putting away all filthiness and overflowing of wickedness, receive with humility the implanted word, which is able to save your souls{or, preserve your life.}. 1:22 But be doers of the word, and not only hearers, deluding your own selves. 1:23 For if anyone is a hearer of the word and not a doer, he is like a man looking at his natural face in a mirror; 1:24 for he sees himself, and goes away, and immediately forgets what kind of man he was.

1:25 But he who looks into the perfect law of freedom, and continues, not being a hearer who forgets, but a doer of the work, this man will be blessed in what he does. 1:26 If anyone among you thinks himself to be religious while he doesn't bridle his tongue, but deceives his heart, this man's religion is worthless.

2 Corinthians 10:12 For we are not bold to number or compare ourselves with some of those who commend themselves. But they themselves, measuring themselves by themselves, and comparing themselves with themselves, are without understanding.

2 Timothy 3:5 holding a form of godliness, but having denied the power thereof. Turn away from these, also.

Ephesians 3:16 that he would grant you, according to the riches of his glory, that you may be strengthened with power through his Spirit in the inward man;

Ephesians 3:20 Now to him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us.

**Facts:** In research by the Journal of Clinical Psychology, approximately 54% of people who resolve to change their ways fail to make the transformation last beyond six months, and the average person makes the same life resolution 10 times over without success. Knowing what to do is not an issue, **COMMITTING** to it is the problem! Commitment, consistency and patience.

September 16, 2019

***“Love is the complete value of all things God; where our merit purchases us nothing, conversely, where love obtains to all things God.”***

1Cor.13:1 If I speak with the languages of men and of angels, but don't have love, I have become sounding brass, or a clanging cymbal.

13:2 If I have the gift of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but don't have love, I am nothing.

13:3 If I dole out all my goods to feed the poor, and if I give my body to be burned, but don't have love, it profits me nothing. 13:4 Love is patient and is kind; love doesn't envy. Love doesn't brag, is not proud, 13:5 doesn't behave itself inappropriately, doesn't seek its own way, is not provoked, takes no account of evil; 13:6 doesn't rejoice in unrighteousness, but rejoices with the truth; 13:7 bears all things, believes all things, hopes all things, endures all things. 13:8 Love never fails.

1 Peter 4:8 And above all things be earnest in your love among yourselves, for love covers a multitude of sins.

1 John 2:15 Don't love the world, neither the things that are in the world. If anyone loves the world, the Father's love isn't in him.

1 John 4:7 Beloved, let us love one another, for love is of God; and everyone who loves is born of God, and knows God.

1 John 4:8 He who doesn't love doesn't know God, for God is love.

**Facts: 3 out of 4 Christians (74%) seldom have a “spiritual conversation” with anyone. Only 22% of American men and 33% of American women said they depend on Jesus Christ to overcome sin. 72% of the unchurched believe the Church is filled with hypocrites.**

September 17, 2019

***We can't be going somewhere, search for something, when we are already there, hence, it requires faith to rest in Christ.***

1Cor.3:21 Therefore let no one boast in men. For all things are yours, 3:22 whether Paul, or Apollos, or Cephas, or the world, or life, or death, or things present, or things to come. All are yours, 3:23 and you are Christ's, and Christ is God's.

Heb.12:27 This phrase, "Yet once more," signifies the removing of those things that are shaken, as of things that have been made, that those things which are not shaken may remain.

12:28 Therefore, receiving a Kingdom that can't be shaken, let us have grace, through which we serve God acceptably, with reverence and awe.

Hebrews 4:9 There remains therefore a Sabbath rest for the people of God. 4:10 For he who has entered into his rest has himself also rested from his works, as God did from his.

Isaiah 28:12 to whom he said, "This is the resting place. Give rest to weary;" and "This is the refreshing;" yet they would not hear.

Isaiah 30:15 For thus said the Lord Yahweh, the Holy One of Israel, "You will be saved in returning and rest. Your strength will be in quietness and in confidence." You refused.

### **Facts: Conclusion: Trust, Social Connectivity, and Well-Being Are Intertwined**

This new study illustrates the mechanisms underlying the social value and importance of trust. The willingness to trust others is built into our [DNA](#). Working together has always been key to the survival of our species. Having faith in one another is in the best interest of both the individual and the collective—especially in times of risk and uncertainty.

However, this experiment suggests that our instinct to trust can override logic. People can be fooled into trusting someone, even when the supposed "close friend" is actually no more loyal than a heartless computer algorithm. One reason that being betrayed by someone you trust is so jarring is the underlying vulnerability and gullibility of blind trust this experiment illustrates.

Wanting to trust someone has powerful neurobiological roots, but genuine trust must be earned. (Psychology Today)

September 18, 2019

***“The foolish person jumps into a raging river because they love the flow. There is no amount of human rage that the fool will not jump into because it is the flow!”***

Psalms 64:2 Hide me from the conspiracy of the wicked, from the noisy crowd of the ones doing evil;

Acts 17:5 But the unpersuaded Jews took along{TR reads "And the Jews who were unpersuaded, becoming envious and taking along" instead of "But the unpersuaded Jews took along"} some wicked men from the marketplace, and gathering a crowd, set the city in an uproar. Assaulting the house of Jason, they sought to bring them out to the people.

Matt.12:14 But the Pharisees went out, and conspired against him, how they might destroy him. 2:15 Jesus, perceiving that, withdrew from there. Great multitudes followed him; and he healed them all,

12:16 and commanded them that they should not make him known: 12:17 that it might be fulfilled which was spoken through Isaiah the prophet, saying, 12:18 "Behold, my servant whom I have chosen; my beloved in whom my soul is well pleased: I will put my Spirit on him. He will proclaim justice to the nations.

12:19 He will not strive, nor shout; neither will anyone hear his voice in the streets. 12:20 He won't break a bruised reed. He won't quench a smoking flax, until he leads justice to victory.

12:21 In his name, the nations will hope."{Isaiah 42:1-4}

22.

Exodus 23:2 You shall not follow a crowd to do evil; neither shall you testify in court to side with a multitude to pervert justice;

**Facts: Lynching, a form of violence in which a mob, under the pretext of administering justice without trial, executes a presumed offender, often after inflicting torture and corporal mutilation. The term *lynch law* refers to a self-constituted court that imposes sentence on a person without due process of law. Both terms are derived from the name of Charles Lynch (1736–96), a Virginia planter and justice of the peace who, during the American Revolution, headed an irregular court formed to punish loyalists.**

September 19, 2019

*“There would not be a Christian on earth if they had to pay for the sins of their parents, and their parents parents for God to accept them in Christ as a Christian!”*

Ezekiel.18:1 The word of Yahweh came to me again, saying,

18:2 What do you mean, that you use this proverb concerning the land of Israel, saying, The fathers have eaten sour grapes, and the children's teeth are set on edge?

18:3 As I live, says the Lord Yahweh, you shall not have [occasion] any more to use this proverb in Israel.

18:4 Behold, all souls are mine; as the soul of the father, so also the soul of the son is mine: the soul who sins, he shall die.

1 John 1:9 If we confess our sins, he is faithful and righteous to forgive us the sins, and to cleanse us from all unrighteousness.

Ezekiel.18:20 The soul who sins, he shall die: the son shall not bear the iniquity of the father, neither shall the father bear the iniquity of the son; the righteousness of the righteous shall be on him, and the wickedness of the wicked shall be on him.

Matt.18:35 So my heavenly Father will also do to you, if you don't each forgive your brother from your hearts for his misdeeds."

Romans 3:24 being justified freely by his grace through the redemption that is in Christ Jesus;

1 Corinthians 2:12 But we received, not the spirit of the world, but the Spirit which is from God, that we might know the things that were freely given to us by God.

**Facts:** Conservative writer **David Horowitz** wrote a list of ten reasons why "Reparations for Slavery is a Bad Idea for Blacks - and Racist Too" in 2001.[21] He contends that there isn't one particular group that benefited from slavery, there isn't one group that is solely responsible for slavery, only a small percentage of whites ever owned slaves and many gave their lives fighting to free slaves, and most Americans don't have a direct or indirect connection to slavery because of the United States' multi-ethnic background.[21]

September 20, 2019

***"Hell's coming when the dew from Mount Herman has dried up!"***

Deuteronomy 32:2 My doctrine shall drop as the rain. My speech shall condense as the dew, as the small rain on the tender grass, as the showers on the herb.

Deuteronomy 33:28 Israel dwells in safety; the fountain of Jacob alone, In a land of grain and new wine. Yes, his heavens drop down dew.



1 Kings 17:1 Elijah the Tishbite, who was of the foreigners of Gilead, said to Ahab, As Yahweh, the God of Israel, lives, before whom I stand, there shall not be dew nor rain these years, but according to my word.

Psalms 133:3 like the dew of Hermon, that comes down on the hills of Zion: for there Yahweh gives the blessing, even life forevermore.

Micah 5:7 The remnant of Jacob will be in the midst of many peoples, like dew from Yahweh, like showers on the grass, that don't wait for man, nor wait for the sons of men.

Matthew 16:3 In the morning, 'It will be foul weather today, for the sky is red and threatening.' Hypocrites! You know how to discern the appearance of the sky, but you can't discern the signs of the times!

**Facts:** This high mountain range reaches more than 9,000 feet above sea level, is 28 miles in length, and is more than 10 miles wide. It is covered with snow more than eight months a year. Water from melting snow is the main source of water for the Jordan river, both through the runoff that flows into the Hula Valley (as the Great Rift Valley is called to the west of Mount Hermon) and through the water that gushes from springs at the foot of the mountains, at Dan and Caesarea Philippi.

In the Bible, Mount Hermon is noted for its dew (Ps. 133:3) and its height (Ps. 42:6). It was always a religious place, probably because of the abundance of water, the fertile fields on its lower slopes, and the springs at its base. (Judg. 3:3 indicates that it had its own god of fertility). In Roman times, there were temples on its slopes, including one at Caesarea Philippi and one on its summit. The lesson Jesus taught at Caesarea Philippi, near the foot of Mount Hermon, was highlighted by the mountain's massive rock peaks, its beautiful snow-covered slopes, its rushing streams, and its sacredness to the pagan population.

Jesus was at Caesarea Philippi, about seven miles west (left) from this photograph, immediately before his transfiguration. Many scholars believe the "high mountain" mentioned in the account of the transfiguration was

Mount Hermon (Matt. 17:1). Although the name is not mentioned in the Bible, this site seems far more likely than other possibilities miles away.

September 21, 2019

***“Its hard to admit at times we don't love God so we search the scriptures to solve the problem, the problem isn't a lack of knowledge, but a lack of trust in God's love.”***

1Cor.13:2 If I have the gift of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but don't have love, I am nothing.

Matt. 7:8 For everyone who asks receives. He who seeks finds. To him who knocks it will be opened. 7:9 Or who is there among you, who, if his son asks him for bread, will give him a stone?

7:10 Or if he asks for a fish, who will give him a serpent?

7:11 If you then, being evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

John. 5:38 You don't have his word living in you; because you don't believe him whom he sent.

5:39 "You search the Scriptures, because you think that in them you have eternal life; and these are they which testify about me.

5:40 Yet you will not come to me, that you may have life.

5:41 I don't receive glory from men.

James. 1:16 Don't be deceived, my beloved brothers.

1:17 Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, nor turning shadow. 1:18 Of his own will he brought us forth by the word of truth, that we should be a kind of first fruits of his creatures.

**Facts: First, let's get a closer look at our survey respondents. Among those who completed our survey, 64 percent reported having some type of mental disorder. Anxiety and depression were the most common issues among respondents, together comprising over 44 percent of reported mental disorders.**

**Anger was the third-most-common issue. A number of disorders comprised around 5 to 6 percent of mental disorders: substance abuse, addiction to sex/porn, other addictive behaviors, ADHD, and eating disorders. Fewer respondents reported OCD, panic disorder, sexual abuse, and PTSD.**

(PsychGuides.com)

September 22, 2019

***“For us to want attention more than Christ dwelling in us blinds us to the gift of discernment. Let us remember that without suffering in our flesh we cannot become mature in Christ.”***

2 Corinthians 13:5 Test your own selves, whether you are in the faith. Test your own selves. Or don't you know as to your own selves, that Jesus Christ is in you?--unless indeed you are disqualified.

James.1:23 For if anyone is a hearer of the word and not a doer, he is like a man looking at his natural face in a mirror; 1:24 for he sees himself, and goes away, and immediately forgets what kind of man he was. 1:25 But he who looks into the perfect law of freedom, and continues, not being a hearer who forgets, but a doer of the work, this man will be blessed in what he does. 1:26 If anyone among you thinks himself to be religious while he doesn't bridle his tongue, but deceives his heart, this man's religion is worthless.

Rom.12:2 Don't be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what is the good, well-pleasing, and perfect will of God.

28.

12:3 For I say, through the grace that was given me, to every man who is among you, not to think of himself more highly than he ought to think; but to think reasonably, as God has apportioned to each person a measure of faith.

Philippians 1:9 This I pray, that your love may abound yet more and more in knowledge and all discernment;

Facts: **DISCERNMENT, DISCRIMINATION, PERCEPTION, PENETRATION, INSIGHT, ACUMEN** mean a power to see what is not evident to the average mind. **DISCERNMENT** stresses accuracy (as in reading character or motives or appreciating art). **The *discernment* to know true friends** **DISCRIMINATION** stresses the power to distinguish and select what is true or appropriate or excellent. **The *discrimination* that develops through listening to a lot of great music** **PERCEPTION** implies quick and often sympathetic discernment (as of shades of feeling).

September 23, 2019

*“How can we place a price, or a value on something we did not create that was given to us as a gift? If we have hatred in our hearts it does not devalue the gift in the equal justice of the giver; it devalues us!”*

Matthew 6:28 Why are you anxious about clothing? Consider the lilies of the field, how they grow. They don't toil, neither do they spin.

Matt.10:29 "Aren't two sparrows sold for an assarion coin{An assarion is a small coin worth one tenth of a drachma or a sixteenth of a denarius. An assarion is approximately the wages of one half hour of agricultural labor.}? Not one of them falls on the ground apart from your Father's will, 10:30 but the very hairs of your head are all numbered. 10:31 Therefore don't be afraid. You are of more value than many sparrows.

28.

Psalms 116:15 Precious in the sight of Yahweh is the death of his saints.

Mark 9:42 Whoever will cause one of these little ones who believe in me to stumble, it would be better for him if he was thrown into the sea with a millstone hung around his neck.

Matthew 25:45 "Then he will answer them, saying, 'Most certainly I tell you, inasmuch as you didn't do it to one of the least of these, you didn't do it to me.'

James 2:5 Listen, my beloved brothers. Didn't God choose those who are poor in this world to be rich in faith, and heirs of the Kingdom which he promised to those who love him? 2:6 But you have dishonored the poor man. Don't the rich oppress you, and personally drag you before the courts?

**Facts: Name Dropping; Here's the really bad news: "Name dropping is absolutely terrible for our credibility," says Davey. When we name-drop, no matter how smoothly we try to insert another person's name in the conversation, the listener almost always sees through the act. Interjecting another person's name is distracting, and it also leaves the listener questioning why you're so hesitant to just talk about yourself. [One study](#) (paywall) found that when someone name-drops to assert their closeness to a powerful person, they're perceived both as less competent and as manipulative. (by Leah Fessler)**

September 24, 2019

*"If the inner self is empty than the outer self must be perfect!"*

Psalms 91:1 He who dwells in the secret place of the Most High will rest in the shadow of the Almighty.

1 Peter 3:4 but in the hidden person of the heart, in the incorruptible adornment of a gentle and quiet spirit, which is in the sight of God very precious.

Hebrews 10:22 let's draw near with a true heart in fullness of faith, having our hearts sprinkled from an evil conscience, and having our body washed with pure water.

Hebrews 4:12 For the word of God is living, and active, and sharper than any two-edged sword, and piercing even to the dividing of soul and spirit, of both joints and marrow, and is able to discern the thoughts and intentions of the heart.

1 Timothy 1:5 but the goal of this command is love, out of a pure heart and a good conscience and unfeigned faith;

**Facts:** It's extremely important to be honest. Because:

- Being honest with yourself builds up your confidence. Remember you can't be truly confident unless you are truly honest with yourself.

For you to earn other people's trust, then it's important for you to be honest with them. No one wants to be left in the dark.

- Also honesty makes you free. You wouldn't have to bother yourself to think about your next lie.

Being honest earns you respect from people around you. How would you feel if someone lied to you. You will certainly feel disrespected and that is the same way others will feel about you if you lie to them.

- Being honest makes you attractive.

- Honesty gives you control over other people. People believe you when you are honest with them and hence they are ever ready to do whatever you ask or tell them to do.

30.

Facts by Saani Mukaison

September 25, 2019

***“Wicked spirit forces faceless and unseen full of instant hate, social media, faceless, unseen, and full of instant hate!”***

James. 1:19 So, then, my beloved brothers, let every man be swift to hear, slow to speak, and slow to anger; 1:20 for the anger of man doesn't produce the righteousness of God. 1:21 Therefore, putting away all filthiness and overflowing of wickedness, receive with humility the implanted word, which is able to save your souls{or, preserve your life.}. :22 But be doers of the word, and not only hearers, deluding your own selves.

James.3:14 But if you have bitter jealousy and selfish ambition in your heart, don't boast and don't lie against the truth.

3:15 This wisdom is not that which comes down from above, but is earthly, sensual, and demonic. 3:16 For where jealousy and selfish ambition are, there is confusion and every evil deed.

3:17 But the wisdom that is from above is first pure, then peaceful, gentle, reasonable, full of mercy and good fruits, without partiality, and without hypocrisy. 3:18 Now the fruit of righteousness is sown in peace by those who make peace.

Jude.1:9 But Michael, the archangel, when contending with the devil and arguing about the body of Moses, dared not bring against him an abusive condemnation, but said, "May the Lord rebuke you!"

1:10 But these speak evil of whatever things they don't know. What they understand naturally, like the creatures without reason, they are destroyed in these things.

Matthew 12:36 I tell you that every idle word that men speak, they will give account of it in the day of judgment.

31.

**Facts: SPACE – Take these steps:**

**·S – Stop: Type it, but don't post it.**

**·P – Pause: Wait for at least an hour, preferably sleep on it.**

**·A – Assess: THINK about what you've typed (see questions below)**

**·C – Confirm: Check with someone else to see what they THINK.**

**·E – Execute" If it passed the test click "send". Otherwise delete it.**

**THINK – Ask yourself these questions:**

**·T: Is it true?**

**·H: Is it hurtful?**

**·I: Is it illegal?**

**·N: Is it necessary?**

**·K: Is it kind?**

**(Facts by Martin LaMonica)**

September 26, 2019

*“There is no fear in love, but there is so much fear among us by those changing times, seasons, and history, there is an evil driving peoples, and nations into corruption!”*

2 Peter 2:19 promising them liberty, while they themselves are bondservants of corruption; for a man is brought into bondage by whoever overcomes him.

Heb.12:27 This phrase, "Yet once more," signifies the removing of those things that are shaken, as of things that have been made, that those things which are not shaken may remain.

32.



12:28 Therefore, receiving a Kingdom that can't be shaken, let us have grace, through which we serve God acceptably, with reverence and awe.

2 Timothy 1:7 For God didn't give us a spirit of fear, but of power, love, and self-control.

Hebrews 13:6 So that with good courage we say, "The Lord is my helper. I will not fear. What can man do to me?"{Psalm 118:6-7}

2 Peter 3:17 You therefore, beloved, knowing these things beforehand, beware, lest being carried away with the error of the wicked, you fall from your own steadfastness.

**Facts: "Used in propaganda, names invite us to form our opinions without reviewing the evidence and, thus, to overlook those aspects of the truth the propagandist prefers to be concealed. In our own day, we find words like "Communist", "leftist", "liberal", "extreme rightist", "bigot", "neo-con", "terrorist" and so on used pejoratively, often without a clear idea as to the meaning to the term so applied."**

September 27, 2019

***"The words of the wicked divide, they are not justice, fair, or reasonable they are for one purpose, so the wicked can gain control and power over you!"***

Proverbs 16:19 It is better to be of a lowly spirit with the poor, than to divide the plunder with the proud.

Psalms 37:7 Rest in Yahweh, and wait patiently for him. Don't fret because of him who prospers in his way, because of the man who makes wicked plots happen.

Psalms 37:10 For yet a little while, and the wicked will be no more. Yes, though you look for his place, he isn't there.

Psalms 37:12 The wicked plots against the just, and gnashes at him with his teeth.

Psalms 37:14 The wicked have drawn out the sword, and have bent their bow, to cast down the poor and needy, to kill those who are upright in the way.

Proverbs 29:12 If a ruler listens to lies, all of his officials are wicked.

Proverbs 29:16 When the wicked increase, sin increases; but the righteous will see their downfall.

**Facts:** High-conflict people (HCPs) have high-conflict personalities. This means they have an ongoing pattern of all-or-nothing thinking, unmanaged emotions, extreme behavior or threats, and a preoccupation with blaming others. They have a Target of Blame, whom they regularly **bully**, harass, blame, humiliate, annoy, spread rumors about, and subject to many other adversarial behaviors. This pattern increases and maintains interpersonal conflicts, rather than reducing or resolving them — which is what most people try to do. Facts by Bill Eddy LCSW JD

September 28, 2019

***“Mature Christian's understand it is God's Spirit that makes a person mature in Christ, “if” God permits? A mature Christian is not responsible for an immature Christian's feeling or emotions, they cannot change them nor should they assume they can, by taking up a war with flesh and blood to bring that person under some sort of captivity by verbal combat using biblical rules and laws in take their rights away from the free will God has give all of us by our conscience.”***

Acts 24:16 Herein I also practice always having a conscience void of offense toward God and men.

Romans 2:15 in that they show the work of the law written in their hearts, their conscience testifying with them, and their thoughts among themselves accusing or else excusing them)

1 Corinthians 8:12 Thus, sinning against the brothers, and wounding their conscience when it is weak, you sin against Christ.

2 Corinthians 4:2 But we have renounced the hidden things of shame, not walking in craftiness, nor handling the word of God deceitfully; but by the manifestation of the truth commending ourselves to every man's conscience in the sight of God.

Ephesians 6:12 For our wrestling is not against flesh and blood, but against the principalities, against the powers, against the world's rulers of the darkness of this age, and against the spiritual forces of wickedness in the heavenly places.

Luke 9:5 As many as don't receive you, when you depart from that city, shake off even the dust from your feet for a testimony against them."

**Facts: In a free society, individuals must have the right to do right or wrong as long as they don't threaten or infringe upon the rights or property of others. They must also suffer the consequences of their actions, as it is from consequences that they learn to choose properly. (Facts by Early to Rise)**

September 29, 2019

***“One of the greatest freedom a person can obtain to in this life is to mind their our own business and let others chose for themselves what is right and wrong.”***

1 Peter 3:11 Let him turn away from evil, and do good. Let him seek peace, and pursue it.

2Thess3:10 For even when we were with you, we commanded you this: "If anyone will not work, neither let him eat."

3:11 For we hear of some who walk among you in rebellion, who don't work at all, but are busybodies. 3:12 Now those who are that way, we command and exhort in the Lord Jesus Christ, that with quietness they work, and eat their own bread.

1Timothy.5:11 But refuse younger widows, for when they have grown wanton against Christ, they desire to marry;

5:12 having condemnation, because they have rejected their first pledge. 5:13 Besides, they also learn to be idle, going about from house to house. Not only idle, but also gossips and busybodies, saying things which they ought not.

Proverbs.26:16 The sluggard is wiser in his own eyes than seven men who answer with discretion. 26:17 Like one who grabs a dog's ears is one who passes by and meddles in a quarrel not his own.

**Facts: There's always that one person who finds out other people's information and tells everybody. That person is a busybody. They go up to people and say, "did you hear about so and so?" These people are annoying and most of the time they don't have all the details so they could be spreading lies.**

**Be careful busybodies are everywhere. I've met them at church, school, work, and they're even on social media sites like Twitter, Facebook, etc. These people are worried about other people so much that they can't see the huge plank in their eyes. (By Fitiz Chery)**

September 30, 2019

***“It is the choices of others in this life that so badly affect us, but it is how we react to them that builds our own character!”***

2 Corinthians 10:12 For we are not bold to number or compare ourselves with some of those who commend themselves. But they themselves, measuring themselves by themselves, and comparing themselves with themselves, are without understanding.

1 Corinthians 3:13 each man's work will be revealed. For the Day will declare it, because it is revealed in fire; and the fire itself will test what sort of work each man's work is.

2 Corinthians 13:5 Test your own selves, whether you are in the faith. Test your own selves. Or don't you know as to your own selves, that Jesus Christ is in you?--unless indeed you are disqualified.

1 Thessalonians 5:21 Test all things, and hold firmly that which is good.

Jeremiah 10:24 Yahweh, correct me, but in measure: not in your anger, lest you bring me to nothing.

**Facts:** Mark Twain said that "comparison is the death of joy," and the science agrees. Research has found that comparing breeds feelings of [envy](#), [low-self confidence](#), and [depression](#), as well as [compromises our ability to trust](#) others. While [downward comparison](#), comparing ourselves to those less fortunate, can provide some [benefit to one's sense of self](#), even this form of comparison comes at a price. It requires that we take pleasure in someone else's failures or misfortunes in order to feel adequate, which can fuel mean-spirited competitiveness versus collaboration; jealousy versus connection.

37.

When comparing leads you to devalue yourself or others you've entered dangerous territory. (Facts by Daniels Tempesta)

Completed: September 30, 2019

by: Daniel a Slave of Christ Jesus

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